

Feast of Trumpets

Yom Teruah

Breakthrough

Spiritual
Breakthrough

Using the Shofar as a tool for
spiritual warfare

Rosh Hashana or
Yom Truah?

What's the difference between
celebrating this appointed time
as the Jewish New Year or Feast
of Trumpets?

Getting Unstuck
Breaking Free
from Negative
Cycles

We aren't meant to live in the
'same old, same old' we unpack
how Yom Teruah is the time for
breakthrough as well as a special
time to break free from guilt &
shame and have a new
beginning with God.

Yom Teruah (Feast of Trumpets)

Intro

God has a time and season for everything and Yom Teruah is the biblical appointed time for breakthrough!



Feeling Stuck in Life?

We've all been at a point in our lives where we feel stuck and need a breakthrough - whether financially, emotionally or in our relationships.

This appointed time has a Hebrew name and it's called 'Yom Teruah.'

יום תרועה

Teruah means 'shout or a loud blast'

One of the greatest gifts God has given us is His appointed times (Mo'adim.)

These are the biblical holidays that we are commanded to celebrate. They help strengthen our faith and point us back to Yeshua in every season of life.

Yom Teruah or Rosh Hashana?



New Year?



Shofar?

Many people know this biblical holiday as 'Rosh Hashana' (the Jewish New Year) where we traditionally eat apples and honey while wishing our friends and family a 'sweet New Year.' however that term as well as its traditions were adopted from Babylonian influence and is not biblical.

Biblically God refers to this appointed time as Yom Teruah (Feast of Trumpets) where we are commanded to blast the shofar. This is a time for spiritual breakthrough as well as a time we remember the coming of our King Messiah, Yeshua

By focusing on it being 'the New Year' (which is incorrect) it loses the significance this appointed time holds.

The blowing of the shofar creates spiritual breakthrough!

We see in the story of Joshua that God gave them a strategy of victory to conquer Jericho through 'teruah.'

"When you hear them sound a long blast on the trumpets, have the whole army give a loud shout; then the wall of the city will collapse and the army will go up, everyone straight in."

(Joshua 6:5)

There is something powerful about the blast of the shofar that opens the doors of victory in our life and loses strongholds.

If you're facing roadblocks today or trying to overcome something you can't seem to shake, I want to encourage you to **embrace this appointed time of blowing the shofar and receiving your breakthrough.**

God wants us to live in freedom and the shofar is one of the tools He has given us to fight in spiritual warfare against the enemy.

Let's pray for all old patterns of defeat to be broken in Yeshua's name during this year on Yom Teruah.

"On the first day of the seventh month, you are to have a sacred assembly. You are to do no laborious work. It is for you a day for sounding the shofar."

(Numbers 29:1)

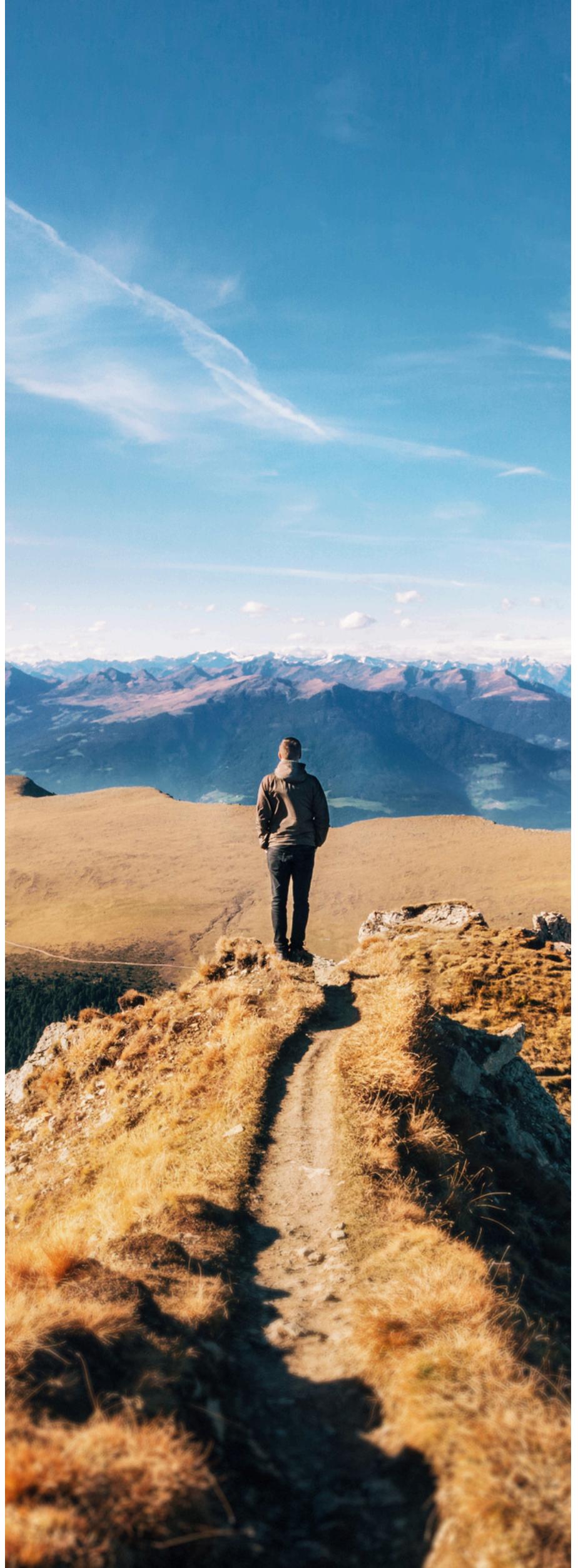
Same Old, Same Old

God doesn't want us living in the 'same old, same old.'

Life has a way of keeping us stuck in the same cycles over and over again. Maybe we have a vision and dream for our life but can't seem to break free from the day-to-day struggles that hold us back.

The Israelites were enslaved for 400 years before God prepared Moses as His tool of deliverance from Egypt.

We may have suffered in bondage for a long time whether it be an addiction, health issues, limiting beliefs or destructive habits.





Breaking Negative Cycles

God loves when we reach a place of desperation so that we can fully lean on Him and look to Him for the supernatural change we need in our lives.

The profound verse from Isaiah was later echoed by Yeshua one Shabbat in the synagogue as He stood up and spoke these words:

The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free," (Luke 4:18)

Over and over again in the New Testament, we read stories of people who had been suffering in their position of disease or heartbreak for a long time.

The blind man, the paralyzed man, the woman at the well, the woman with the issue of blood. Many of them struggling with these ailments from birth with no fault of their own.

Just because we've been stuck in a situation or struggling with something for a long time, doesn't mean God can't change things around.

Yeshua healed each one of these people He encountered. God loves transforming lives and still does miracles today. We may not see the change we want when we want it but God wants the best for us and we can seek Him for our breakthrough this Yom Teruah.

Story Time

Faith like Joshua

What I find amazing about the faith of Joshua is not only did he have the courage to blow on the shofar and shout at the immovable towering Jericho walls... he also had the faith to walk around those same walls for six days **without seeing any visible change.**

We may be crying out to God for change and breakthrough and He may be testing our faith in the process. Will we have the faith of Joshua to keep showing up and be faithful to do what God has called us to do even when we don't see any change?

Maybe we even feel ridiculous or silly at times walking around the same walls because the Lord has instructed us to. We need to remain encouraged that often our seasons of wonderings that can feel so pointless are often right before an immense breakthrough and victory from the Lord.



Reflection Time

What areas do you feel stuck in? Are there places in your life you are frustrated with the lack of progress? Maybe there are some things you feel you've given up on. Identify these and write a list.

Example: finding a godly spouse, having financial stability, making close friends, growing your business, feeling healthy etc.

Spend some time to pray for breakthrough in these areas. Pray for inspired ideas and wisdom. God can give strategies for breakthrough!

The blowing of the shofar warns us of God's coming Judgment.

The blast of the shofar also announces the coming Judgment of the Lord. Yom Teruah is right before Yom Kippur (The day of Atonement)

The time between Yom Teruah and Yom Kippur is also known as the 10 days of Awe.

It's a period of time we get the opportunity to make sure our heart is right before God and seek Him for forgiveness as well as seek reconciliation from those around us.

There is such a deep peace that comes with knowing we are right with God.

We can sleep at night and rise in the morning knowing that we are loved and accepted by our Heavenly Father.

Not because we've measured up to a standard of perfection or done enough good deeds to get into heaven.

We can have the assurance of our salvation solely through the blood of Yeshua which atones for our sins.

"That day will be a day of wrath, a day of trouble and distress, a day of destruction and desolation, a day of darkness and gloom, a day of clouds and blackness, a day of shofar blast and battle cry"

(Zephaniah 1:16)

Yeshua our Scapegoat

Yom Kippur

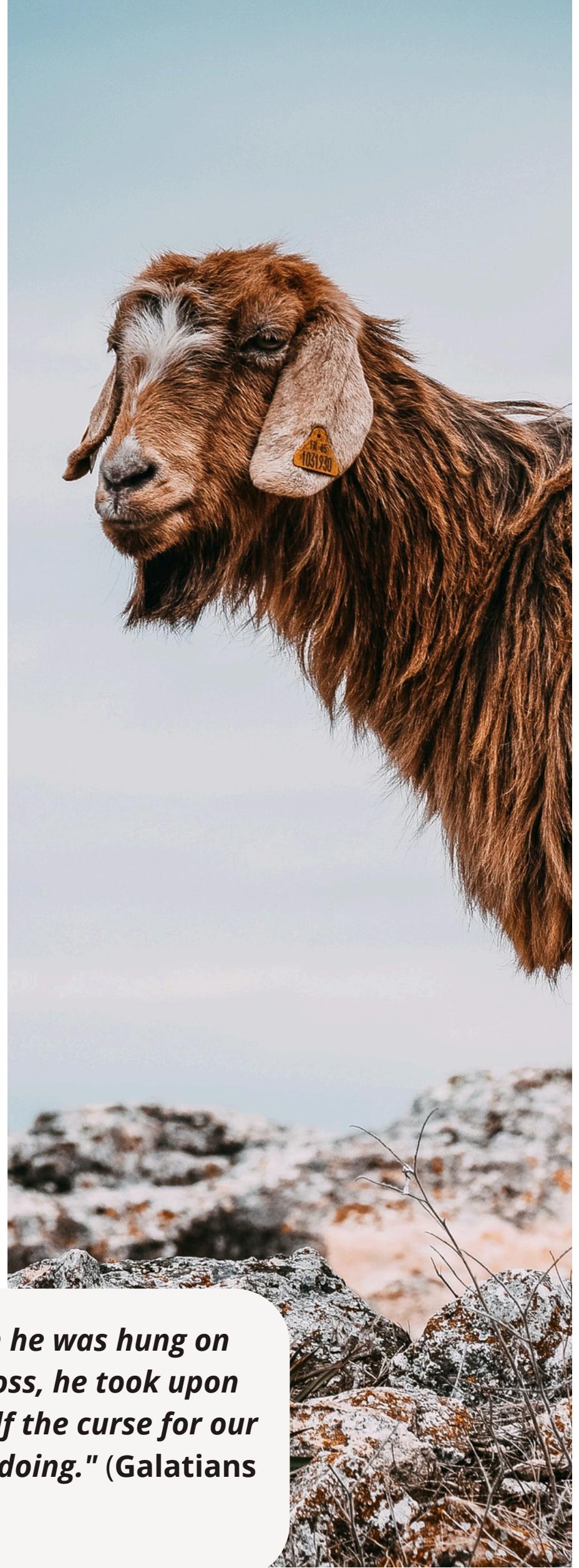
Every Yom Kippur the Cohen Ha'Gadol (High Priest) would take an 'Azazel' Scape-goat and lay all the sins of Israel upon it's head. (Leviticus 16)

This was symbolic of what Yeshua would do for us as our Messiah. He is the scapegoat and took the weight of the sin of the world upon himself.

In fact, He wore a crown of thorns (kotzim) symbolizing the curse given by God to mankind in Genesis.

“...Cursed is the ground because of you... It will produce thorns and thistles for you,”
(Genesis 3:17-18)

“When he was hung on the cross, he took upon himself the curse for our wrongdoing.” (Galatians 3:13)



Tashlich Ceremony

You will again have compassion on us; you will tread our sins underfoot and hurl all our iniquities into the depths of the sea."
(Micah 7:19)

I spent a few years in a small private, Jewish school in Canada during elementary school. I still remember performing the ancient Jewish tradition of 'Tashlich' with my classmates on Yom Truah.

Thrilled to have the day off school we trekked to the river that ran through the city.

Holding small pieces of bread we peered down at the rushing waters below us as we stood on the bridge.

One by one we threw the crumbling pieces of stale toast and watched the river carry them away.

This symbolizes our sin being swept away by God's unfailing kindness and mercy based on this verse in Micah 7:19.

This tradition is practiced by Jewish people around the world today.

What an awesome way to pass this lesson down to the next generation.

Reflection Time

Take some time to search your heart and ask God to reveal any hidden sin. Perhaps you already know the sin that you need to ask forgiveness for and turn away from with the help of God. Spend some time in prayer about this.

Are there any people in your life, family, friends, maybe a co-worker that you need to forgive? Forgiveness does not always mean the relationship should be restored but it does set you free from harboring anger and even hatred in your heart. Spend some time in prayer about this.

Breaking Free from Guilt & Shame

We cannot walk in complete freedom while carrying around the weight of guilt and condemnation from past sins.

All of us are deserving of God's wrath and yet in His mercy He's provided a way for us to be forgiven and continue abiding in intimacy with Him.

We may know God loves us and yet there's a nagging memory in the back of our mind haunting us "what about that one time that you did this?..."

The enemy is thrilled by whispering "did God really say?..." enticing us to question God's truth. This is why Yeshua answered the devil each time with "Is it written!"

We need to know scripture in order to answer the enemy "it is written: I am bought by a price, I belong to God, He has removed my sin as far as the East is from the West, I am loved and accepted by my Heavenly Father and NOTHING I do can separate me from His love!"

Sometimes we carry guilt and shame that doesn't even belong to us.

I remember a time I woke up at 3:00 am from a terrifying dream that had to do with demonic oppression.

My husband and I sat up in the living room praying together asking God to reveal the meaning behind the dream.

God revealed to us that I had been stuffing a lot of guilt and shame about loss we had experienced that year.

I hadn't even realized it but I had been allowing the enemy to hang a false sense of guilt and shame over my head.

"If only you had done this or that, maybe things would have turned out differently."

This had made me heartsick and depressed without even knowing it.

Allowing guilt and shame to consume us opens a door to demonic oppression. While God certainly brings conviction through the Holy Spirit to correct us at times, He does not condemn or shame us into changing our behavior.

God longs to pour out His love on us if only we are willing to receive it.

Finding Freedom

From Guilt & Shame

Dear Lord,

Thank you that you have removed the yoke of sin and death that I can be called a beloved child of God. Lord I confess if I have allowed the enemy to whisper lies into my heart and hold shame and guilt over my head. Help me remember the price you paid, help me walk in the freedom you have for me. Thank you that you deeply love and accept me and that nothing I've done in my past can separate me from Your love. I receive the abundant life you have for me and the forgiveness found in the blood of Yeshua's sacrifice on the cross.

Amen



The Sound of the Shofar Tells Us of the Coming of the Messiah

I had an interesting conversation with a taxi driver in Israel once. We began talking about life, God and the Messiah. Ya know, regular sort of conversations you have with your taxi driver (only in Israel)

"So you believe in the Messiah?" I asked him.

He threw his hands in the air "of course! What do you think?" He replied.

"Well, how will you know when the Messiah comes back? How will you really know it's Him?" I asked.

He pondered that question silently for a few minutes before shrugging his shoulders. "None of us really know... I've heard there's someone dressed like a prophet at the Tel Aviv Central bus station... maybe he's the Messiah?"

I smiled back. "I believe Yeshua is the Messiah and He will come back from the heavens and rest His feet on the Mount of Olives because the bible says so, you should read it and see what you think for yourself."

"I will!" He answered and that was that.

"For the Lord Himself will descend from heaven with a shout, with the voice of an archangel, and with the trumpet of God."

(1 Thessalonians 4:16-17)

Giving an Account

How would we live our life if Yeshua was coming back tomorrow?

Would God be pleased with how we're spending our time and how we're treating others?

It's easy to get caught up in day-to-day life. Shopping, cooking, eating, house renovations, taking the dog out, another dinner party.... the list goes on.

None of those things are bad and God wants us to enjoy our life!

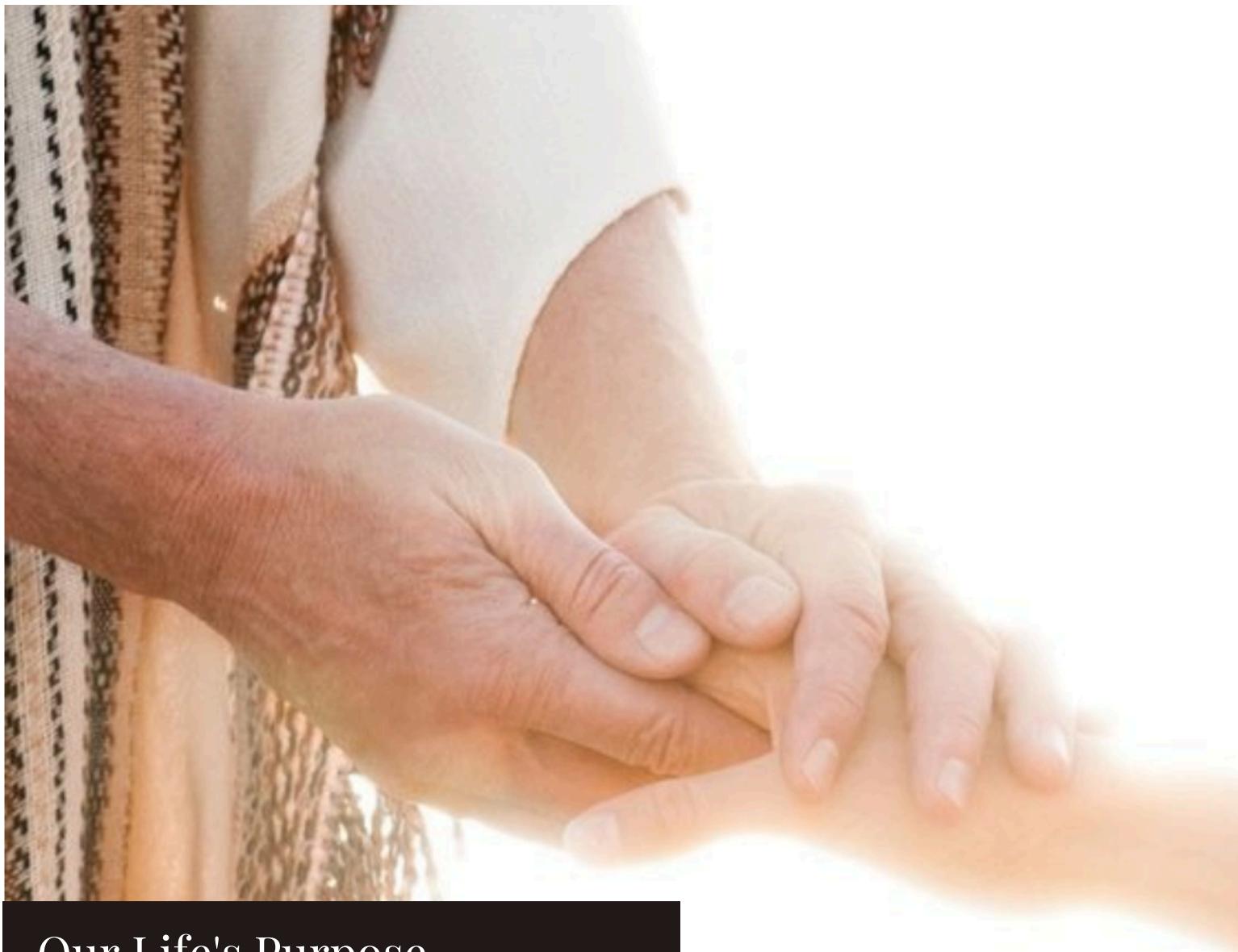
However, as believers, we should keep our mindset on eternity and focus on storing up treasures in Heaven.



Reflection Time

What are the top 5 things I spend the most time on? Are there some areas of my life I need to scale back on or cut out? Example: scrolling on social media, relationships that aren't life giving, watching t.v.

How can I live my life more 'on mission' for God? What are the giftings I need to steward better in order to serve and bless others? How can I use my time and resources to have a Kingdom impact? Example: showing hospitality, writing a book, encouraging a friend, giving to charity, starting a bible study etc.



Our Life's Purpose

We will have to give an account before God one day for how we've spent our life here on earth.

I start to get antsy when I feel like I'm just going through the motions of life, checking things off my to do list.

There are of course, mundane seasons we have to learn to find joy in.

As long as we remember that we have a purpose for being here and one day we are going to meet our Creator. We can't run from it.

If we've found ourselves straying off course we can take this time, Yom Teruah to renew our walk with God and break free from things that have held us back in the past.

There is a special anointing on this specific time for repentance, reconciliation, breakthrough, and renewal of faith.

When questioned about which commandment in the Torah is the greatest Yeshua answered "Love the Lord your God and love your neighbor as yourself."

Are we close to God? Do we know Him and love Him the way we would a friend? Do we reach out with God's love to those around us?

Let's not miss this opportunity to connect with God and receive the work He wants to do in our lives during this season.

Getting Right

With God This Yom

Teruah

If you haven't accepted Yeshua as your Messiah what are you waiting for?

Dear Lord,

Thank you that you love me and have called me your child. Forgive me of all my sins, all wrongdoing that has separated me from You. I believe You sent your son Yeshua to die as the Passover Lamb and perfect sacrifice to be slain so I may have eternal life. I put my trust in You this day and choose to follow after You. Thank you that I am now transferred out of the kingdom of darkness into the kingdom of light! You are The Way, The Truth, and The Life! Teach me to walk in your ways. .

Amen



Hebrew Word Study

Shofar - שופר

Did you know?

The word 'Shofar' in Hebrew - שופר - has a root word 'Sha'par' - שפר which means 'to improve.' The related word 'Le'hishtaper' להשתפר is used in everyday Hebrew language.

This is significant because one of the purposes for the sound of the shofar is a type of 'wake up' call! It cries out "turn from sin, check your hearts, rise out of your slumber and draw close to your Creator. Yeshua is coming back soon!"

God did not give us the gift of salvation so we can sit in our seats and wait to get to Heaven.

"Yet Lord, you are our Father; we are the clay, and you are our potter; we all are the work of your hands." (Isaiah 64:8)

If we allow it, the Holy Spirit is constantly transforming us, shaping us and helping us grow to reflect the goodness of God.



Reflection Time

What areas of my life / character is God calling me to improve in this season?

What are some action steps I can take this week to grow in these areas and align my heart with what God is prompting me to do?

Study Questions

1. What is the meaning of the word 'Teruah'?
2. For what purposes did people blow the shofar in biblical times? How is this relevant for people of God today? Why would we want to blow the shofar?
3. What does Rosh Hashana mean? Is this feast really a Jewish New Year?
4. What are some Jewish customs surrounding this festival? What foods are eaten?
5. What is the true, biblical meaning of this feast?
6. How does the shofar and tru'ah relate to the second coming of the Messiah?
7. How is the sound of the shofar a wakeup call to God's people?
8. How does the Hebrew show us that the shofar calls us to improve our spiritual condition?
9. What stood out to you the most through this study on Yom Truah?

— Todah Rabah

Thank you.

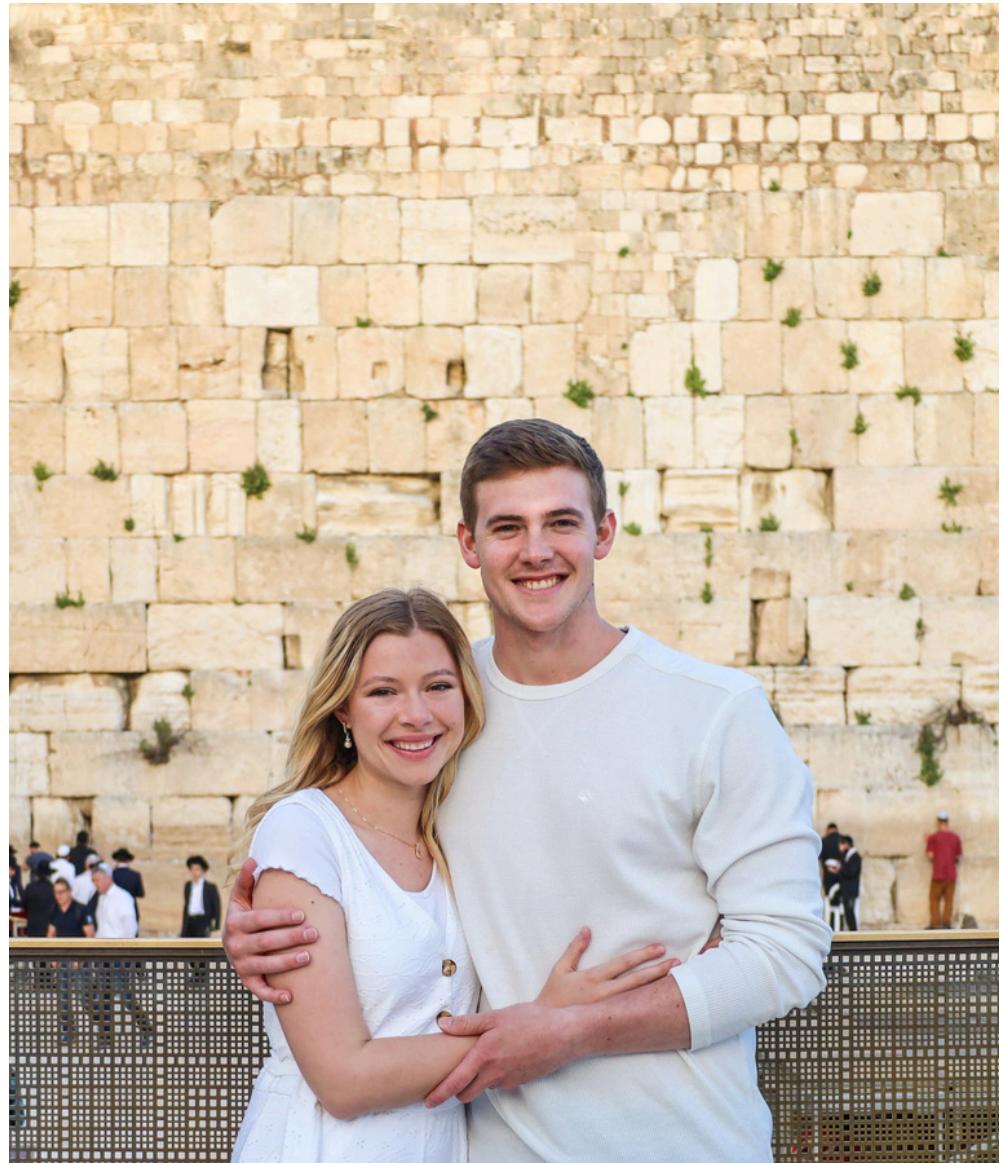
We're so grateful for your prayers and support of our ministry Light to the Nations.

You are helping us send "**the Torah out from Zion, the word of the LORD from Jerusalem.**" (Isaiah 2:3)

Thank you for considering partnering with us with a one-time or monthly donation to further impact the younger generation here in the Land of Israel and in the Nations.

[Website](#)

www.light-tothenations.com



May the Lord bless and keep you, may He lift up His countenance upon you and give you Peace (Shalom)

Check out our other resources:



E-book



'Why Care about Israel' is an easy to read e-book full of stunning photography from Israel. It goes in depth into what scripture says about Israel with an emphasis on bringing unity in the body of Messiah.



Bible Study

Our video bible studies are perfect for individual use or group study! Filmed on location in Israel, unpacking the bible from a Messianic, Jewish perspective.



Hebrew

Learn the language of the bible with this go at your own pace Hebrew course!



Podcast

Tune in to our podcasts as we discuss faith, family and marriage with a Yeshua centred perspective.

HEBREW PRACTICE

Shofar

יֹם תְּרוּעָה

יֹם תְּרוּעָה

יֹם תְּרוּעָה

Repeating lines for Hebrew practice, featuring the text 'יֹם תְּרוּעָה' (Yom Teruah) in large, bold letters at the top, followed by several rows of dashed lines for writing practice.

HEBREW PRACTICE

Yom Teruah

תְּרוּעָה תְּרוּעָה

תְּרוּעָה תְּרוּעָה תְּרוּעָה

תְּרוּעָה תְּרוּעָה תְּרוּעָה